Acquired Bleeding Disorders



Gerald A. Soff MD

Director, General Hematology Service Sylvester Comprehensive Cancer Center, University of Miami Health System gas199@Miami.edu



Disclosures: (In Past 24 Months)

- > Research Support:
 - > Amgen
 - > Janssen Scientific Affairs
 - > Dova/Sobi Pharmaceuticals
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 - > Amgen
 - > Janssen Scientific Affairs
 - > Dova Pharmaceuticals
 - > Novartis
 - > Anthos Therapeutics
 - > Hengrui (USA) Ltd



Hematology Consult for "Bleeding" Are we working up the patient, the laboratory tests, or the surgeon?

- > Is the patient symptomatic, or is the surgeon symptomatic?
- > Are we consulting for a bleeding patient or a scary lab value?
- ➤ aPTT of 55" can be from von Willebrand Disease (bleeding), moderate hemophilia (bleeding), Factor XI deficiency (possible risk for post-op bleeding), or Anti-phospholipid antibody syndrome (prothrombotic).



https://depositphotos.com/stock-photos/surgeons.html



During the year, we will have additional presentations on specific topics.

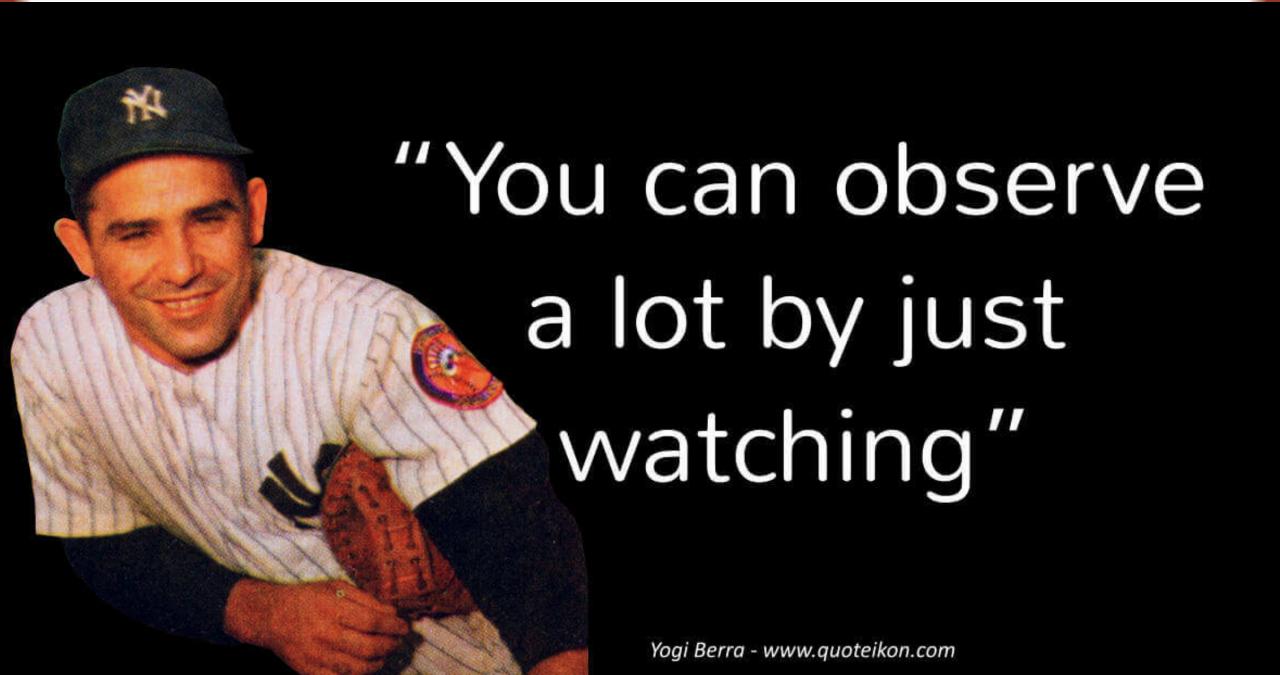
- > Thrombocytopenia, platelet function abnormalities, anticoagulation, vascular causes of bleeding.
- > Here we will focus on the overall approach to acquired bleeding episodes, and more common disorders.



Pattern of Bleeding/History:

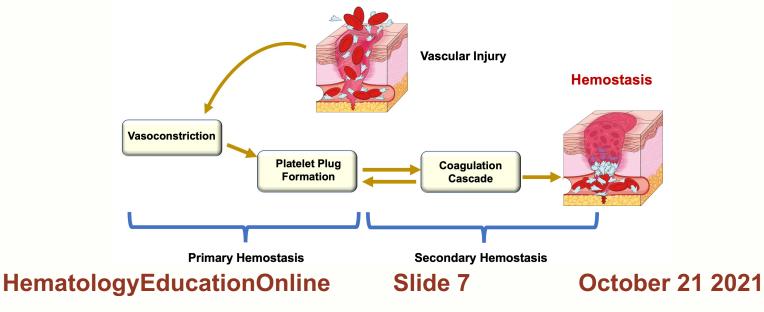
- > Clinical Presentations Help Define Differential Diagnosis
- > Mucocutaneous versus deep bleeding?
- > Immediate versus late bleeding?
- > Local versus systemic?
- > Acquired versus congenital?
- > Family history?





Clinical Features of Bleeding Disorders

	Primary Hemostasis	Secondary Hemostasis
Defect	Thrombocytopenia Platelet Function Disorders Vascular Defects	Coagulation Factor Disorders
Site of Bleeding	Skin: Petechiae/Purpura/Ecchymoses, Mucous membranes, Epistaxis, gum, vaginal, GI	Deep: Soft tissues, joints, muscles
Bleeding after surgery or trauma	Immediate, usually mild	Delayed (1-2 days), often severe



Petechiae: <3 mm



imagebank.hematology.org

Purpura: 3–10 mm/Ecchymosis: >10 mm



imagebank.hematology.org



https://commons.wikimedia.org/wiki/File:Upper_Arm_Bruise.jpg

Flat, not warm, not tender

Hematoma

Muscle



Hoffbrand AV, Pettit JE: Color atlas of clinical hematology, ed 4, London, 2010, Mosby



https://commons.wikimedia.org/wiki/File:CT_o f_Morel-Lavallee_lesion.jpg

Subcutaneous

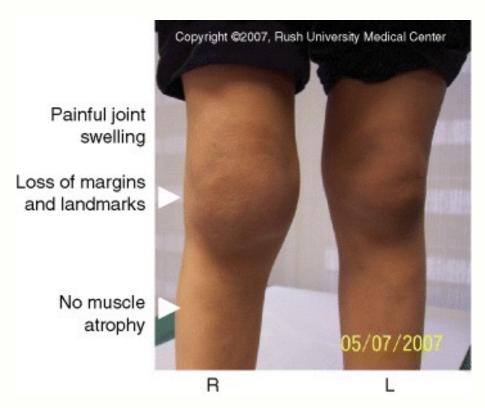


https://commons.wikimedia.org/wiki/File:Hematoma at backside.jpg#filelinks

Raised, tender, painful, warm



Hemarthrosis: Joint Bleed. From Severe Factor Deficiency









A deep bleed may appear to "spread" with time, as the deep blood products migrate to the skin



- > Grey-Turner's Sign:
- > Appears to be "bruising."
- > A sign of retroperitoneal hematoma.
- > Grey Turner's sign usually take 24—48 hours to develop.



Vascular Bleeding Disorders

- > Defects in blood vessels
- > Clinical Manifestations:
 - > Often petechiae, purpura, and bruising
- > Causes:
 - > Vasculitis: Inflammatory, Scurvy, immunoglobulin A-associated vasculitis
 - > Hereditary hemorrhagic telangiectasia (Osler-Weber-Rendu)
 - > Ehlers-Danlos syndrome: Deficiencies of vascular and perivascular collagen
- > Diagnosis:
 - > Coagulation tests normal
 - > Specific tests are available for some.



Mimics of Bleeding: Hypersensitivity Vasculitis



- > Hypersensitivity vasculitis, or cutaneous small vessel vasculitis:
 - > Allergic reaction
 - > Reaction to an infection
 - > Idiopathic
- Lesions of vasculitis tends to be diffuse, while thrombocytopenia/ITP tends to be more in dependent areas.

https://arapc.com/vasculitis-nutshell/



Mimics of Bleeding: Henoch-Schonlein Purpura



- > Henoch-Schonlein purpura is a disease involving inflammation of small blood vessels.
- ➤ Immune complex vasculitis affecting small vessels with dominant IgA deposits.
- > It most commonly occurs in children.
- > The inflammation causes blood vessels in the skin, intestines, kidneys, and joints to start leaking.
- "Palpable purpura"

https://www.medicinenet.com/image-collection/henoch-schonlein_purpura_picture/picture.htm



Thrombocytopenia

Thrombocytopenia, including ITP, are to be discussed in separate talks in the next few weeks.



Acquired Bleeding Disorders:

- > Anticoagulant Therapy
- > Liver disease
- > Vitamin K deficiency
- > Disseminated intravascular coagulation
- > Uremic coagulopathy
- > Acquired hemophilia
- > Acquired von Willebrand disease
- > Acute Promyelocytic Leukemia



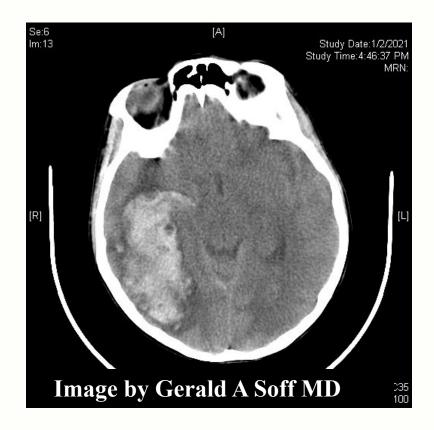
Synergy Of Risks

- > Some patients with mild-moderate hereditary bleeding tendency do not have clinical manifestations, until an added hemostatic challenge is added, such as:
 - > Surgery
 - > Trauma
 - > Dental extraction
 - > Menstruation/pregnancy
- > Examples:
 - > Von Willebrand Disease
 - > Factor XI Deficiency



Managing Anticoagulant-Related Bleeding

- > Bleeding is a common side effect of anticoagulant use.
- > However, most bleeding events are not life threatening and can be managed conservatively.
 - > 2017 ACC Expert Consensus Decision Pathway on Management of Bleeding in Patients on Oral Anticoagulants. Tomaselli et al. J Am Coll Cardiol 2017;70:3042–67.
 - > Hanigan et al. American College of Cardiology 2019. Managing Anticoagulant-related Bleeding in Patients with Venous Thromboembolism





Management of Vitamin K Antagonist-Related Bleeding (Warfarin)

- > "In the setting of a life-threatening bleed related to vitamin K antagonist (VKA) use, rapid reversal of the VKA drug effects and replenishing clotting factors is a priority."
- > "To achieve that goal, administer vitamin K 10 mg intravenously along with prothrombin complex concentrate (PCC) or fresh frozen plasma (FFP) to achieve a sustained reduction of the international normalized ratio (INR)."
- \triangleright "Generally, a goal INR of \leq 1.3-1.5, depending on the site of the bleed, is targeted."
 - > Hanigan and Barnes. American College of Cardiology 2019. Managing Anticoagulant-related Bleeding in Patients with Venous Thromboembolism. [https://www.acc.org/latest-in-cardiology/articles/2019/10/07/14/29/managing-anticoagulant-related-bleeding-in-patients-with-venous-thromboembolism]

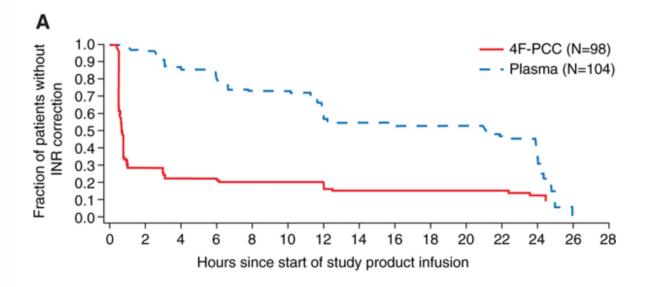


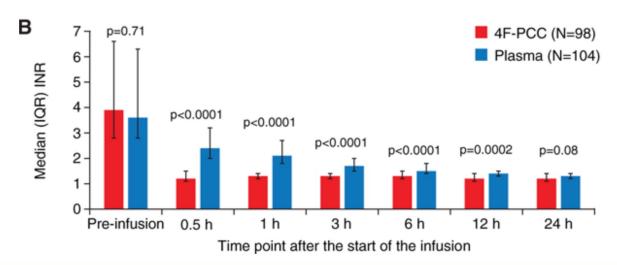
Limitations of FFP Use to Reverse VKA-Associated Bleeding

- > Need for blood typing.
- > Thawing results in administration delays.
- > Large volume requirement that leads to prolonged infusion times.
- > Protein load in plasma limits amount of replacement possible.
- > Potential for transfusion-associated circulatory overload (TACO).
- > Risk of transfusion-related acute lung injury (TRALI).
 - ➤ Hanigan and Barnes. American College of Cardiology 2019. Managing Anticoagulant-related Bleeding in Patients with Venous Thromboembolism. [https://www.acc.org/latest-in-cardiology/articles/2019/10/07/14/29/managing-anticoagulant-related-bleeding-in-patients-with-venous-thromboembolism]



Prothrombin Complex Concentrate Versus Plasma for Management of Vitamin K Antagonist-Related Bleeding (2)





- > Prothrombin complex concentrate (Kcentra ®) provides more factors/volume and has less risk of infusion-related infection than plasma.
 - Sarode et al. Circulation. 2013 September 10; 128(11): 1234–1243.
 doi:10.1161/CIRCULATIONAHA.113.0022 83.
- > Weight/INR based dose versus fixed dose?



Protamine: Reversal of IV Unfractionated Heparin

- > Binds heparin chains
- > Administer 1 mg of protamine per 100 U of circulating heparin
- > Need to estimate the amount of residual heparin.
- > Excess protamine has anticoagulant and anti-platelet activity.

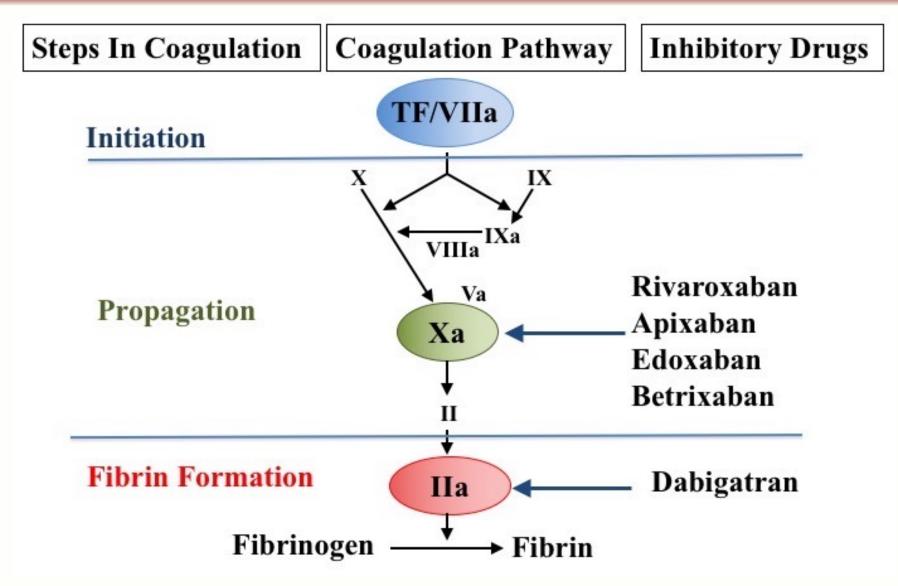
Time Elapsed	Dose of Protamine (mg) to Neutralize 100 units of Heparin	
Immediate	1-1.5	
30-60 min	0.5-0.75	
>2 h	0.25-0.375	



Reversal of LMWH: Protamine

- > Neutralizes about 60-75% of activity
- > Consider half-life of enoxaparin
 - > Enoxaparin administered ≤8 hours prior: give 1 mg of protamine per mg of enoxaparin.
 - > Enoxaparin administered > 8 hours prior: give 0.5 mg of protamine per mg of enoxaparin.





Adapted from Soff, Arteriosclerosis, Thrombosis, and Vascular Biology 2012, 32:569-574.

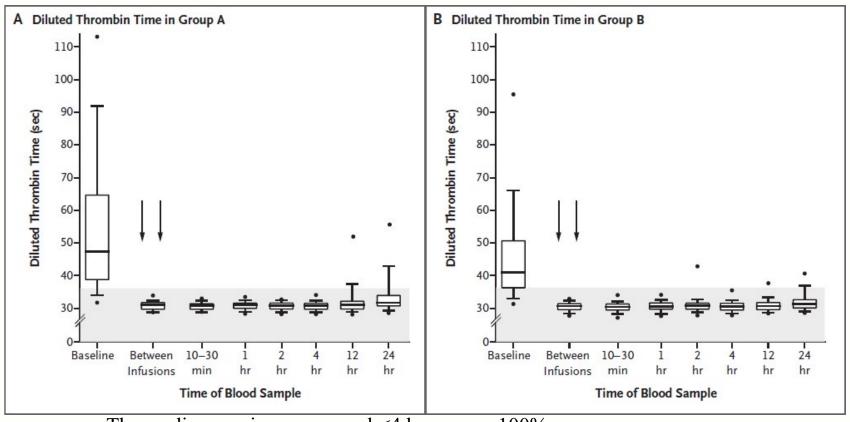


Idarucizumab for Dabigatran Reversal

- > Humanized anti-dabigatran Ab
- Final analysis of 503 patients in need of reversal
 - > Serious bleeding (group A): n=301
 - > Emergent procedure (group B): n=202
- > Fixed dose of 5 g IV
 - > Two separate boluses of 2.5 g given no more than 15 min apart.
 - > Pollack CV et al, N Engl J Med 2017.



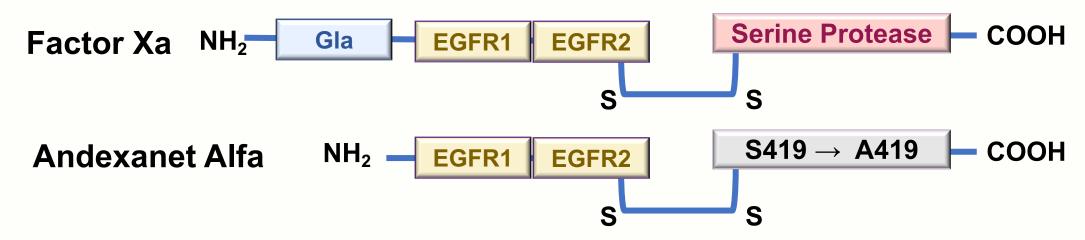
Dilute Thrombin Time



- > The median maximum reversal <4 hours was 100%
- > Pollack CV et al, N Engl J Med 2017.



Reversal of Xa-DOAC's



- Xa Decoy (Andexanet Alfa)
- > "Decoy" Xa drug neutralizes the effect of anti-Xa agents
 - > Inactive mimetic binds the anticoagulant
 - > Serine, the active site of FXa, was substituted with alanine
 - The Gla domain of FXa was removed to prevent its assembly into the prothrombinase complex.



Dosing Recommendations for Andexanet Alfa

Xa Inhibitor	Last FXa Inhibitor Dose	Last FXa Inhibitor Dose < 8 Hours Prior/Unknown	Last FXa Inhibitor Dose≥8 Hours Prior	
Rivaroxaban	≤ 10 mg	Low dose		
Rivaroxaban	> 10 mg or unknown	High dose	I ovy dogo	
Apixaban	≤ 5 mg	Low dose	Low dose	
Apixaban	> 5 mg or unknown	High dose		

	Bolus	2-hour IV infusion
Low dose	400-mg IV	4 mg/min
High dose	800-mg IV	8 mg/min

https://www.fda.gov/media/113279/download line Slide 28 October 21 2021



Reversal of Direct Oral Anticoagulants: Guidance from the Anticoagulation Forum:

Cuker et al. Am J Hematol. 2019;94:697-709.

- > How should reversal agents be used to manage factor Xa inhibitor-associated bleeding?
- ➤ In patients with rivaroxaban-associated or apixaban-associated major bleeding in whom a reversal agent is warranted, we suggest treatment with andexanet alfa dosed according to the US FDA label (Table 2).
- > If and examet alfa is not available, we suggest treatment with four-factor PCC 2000 units.



Coagulopathy of Liver Disease (I)

- > Patients with CLD have multiple abnormalities that contribute to hemostatic imbalance.
- > Decrease in coagulation factor synthesis:
 - > All coagulation factors, except Factor VIII and vWF are made in hepatocytes.
 - > Factor VIII is produced in liver sinusoidal cells and vascular endothelial cells.
 - > von Willebrand factor: Vascular endothelium and megakaryocytes (α-granules of platelets)
- > Decrease in physiologic anticoagulants:
 - > Protein C, Protein S, Antithrombin

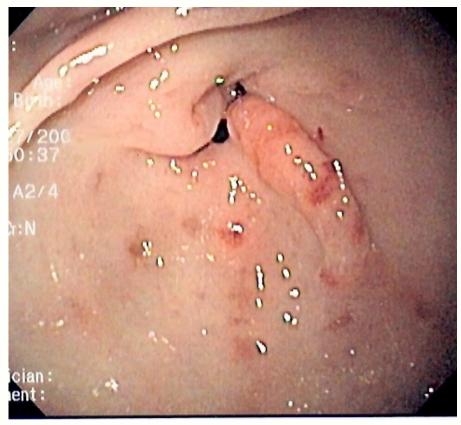


Coagulopathy of Liver Disease (II)

- > Concomitant Vitamin K deficiency
 - > Poor nutrition,
 - > Malabsorption of fat-soluble vitamins
- > Dysfibrinogenemia characterized by an increased content of sialic acid residues that results in delayed fibrin aggregation
 - > Martinez J et al Blood. 1983;61(6):1196.
- > Thrombocytopenia
 - > Splenic sequestration
 - > Decreased thrombopoietin (TPO)



Liver Disease Associated with Varices, An Anatomical Risk for Bleeding.



Variceal Bleeding in CLD

> https://commons.wikimedia.org/wiki/File:Gastric_antral_vascular_ectasia_(before_and_after).png



Laboratory Findings In Coagulopathy of Liver Disease: PT/INR is more sensitive to prolongation in CLD, compared with aPTT

- > Prothrombin Time:
 - > Factor VII has the shortest half-life of procoagulant factors
 - > Acquired Vitamin K deficiency concomitant with CLD.
- > Increase in Factor VIII shortens the aPTT
 - "Acute phase reactant"
 - > In CLD, this blunts the aPTT prolongation.



Management of Coagulopathy of CLD

- > Treatment not always necessary.
- > Supportive care.
- > Try empiric Vitamin K.
- > In general treatment is reserved for acute bleeding or before procedures
- > FFP 10-15 ml/kg if bleeding or procedure
- > 4-Factor PCC "off label"
 - > Factors II, VII, IX and X, Protein C, Protein S.
- > Cryoprecipitate
 - > Keep fibrinogen above 100 mg/dl in the acute setting
- > Platelet transfusions usually not needed, unless severe thrombocytopenia and bleeding.
 - ➤ De Simone & Sarode. Semin Thromb Hemost 2013;39:172–181
- > PCC and Cryoprecipitate together have all of the essential factors, except for Factor V. Factor V is present in platelet alpha granules.



Thrombopoietin Receptor Agonists in CLD scheduled to undergo a procedure.

- > Avatrombopag (Doptelet ®)
- ➤ Lusutrombopag (Mulpleta ®)
 - > Thrombocytopenia in adult patients with chronic liver disease who are scheduled to undergo a procedure.
 - > Avatrombopag: Begin 10 to 13 days prior to the scheduled procedure.
 - > Lusutrombopag: Begin 8 to 14 days prior to the scheduled procedure.



Liver Disease Does Not Constitute "Auto-Anticoagulation"!

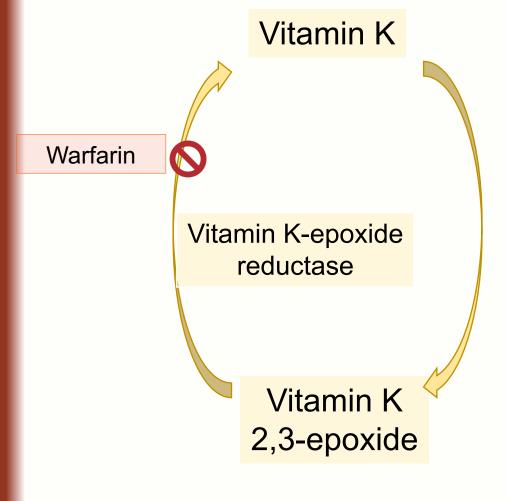
- > May have thrombotic tendency at same time as hemorrhagic tendency.
- > Decrease in physiologic anticoagulants!
 - > Protein C, Protein S, Antithrombin III
- > 50% decrease in anticoagulant proteins is associated with thrombotic tendency.
- > 50% decrease in procoagulant proteins is not associated with hemorrhagic tendency.



Vitamin K Deficiency



Vitamin K Mediated γ-Carboxylation of Glutamic Acid



Glutamic Acid: Single negative charge

Gamma-Carboxyglutamic Acid (Gla): Divalent negative charge. Can bind calcium

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Vitamin K-Dependent Factors

- > Factors II (Prothrombin), VII, IX, X
- > Protein C, Protein S
- > All are enzymes, except protein S
- > While both procoagulants and anticoagulants are affected, the net effect of vitamin K deficiency or antagonism is anticoagulation.
- > Deficiency of vitamin K-dependent factors prolongs both the PT and aPTT, but effect of greater on PT.



Vitamin K

https://en.wikipedia.org/wiki/Vitamin K

- ➤ Vitamin K1 (phylloquinone), is made by plants, and is found in highest amounts in green leafy vegetables.
- ➤ <u>Bacteria in the gut can convert K1</u> to K2 and then into a range of vitamin K forms.
- ➤ It is not clear if the K2-related forms have greater effect on coagulation than K1.

Vitamin K Deficiency

- > Most common causes:
 - > Insufficient dietary intake,
 - > Inadequate absorption,
 - > Decreased storage of the vitamin due to liver disease,
 - > Decreased production in the intestines.
- > Malabsorption,
 - > Especially impaired absorption of fats due to diseases such as cystic fibrosis, celiac disease, chronic pancreatitis or Cohn's disease.
- > Antibiotics can decrease the quantity of K2 produced in the intestines.



Vitamin K Deficiency Replacement

- > Vit. K: Typically 10 mg PO or IV
 - > Excess replacement does not make patient hypercoagulable.
- > SC route has unreliable absorption and is no faster than PO administration



Disseminated Intravascular Coagulation



Disseminated Intravascular Coagulation Is Not A Disease, But a Process

- > Systemic, unregulated activation of the coagulation system.
- > Tissue Factor
 - > Shift of Tissue Factor to the circulation
 - > Expression of TF by monocytes secondary to bacterial endotoxin
- > Endothelial injury
- > Consumptive coagulopathy.
- > Severe/acute is associated with hemorrhage.
- ➤ Low-Grade DIC
 - > Cancer: Associated with thrombotic tendency.



Acute DIC With Hemorrhage

- > Sepsis
- > Obstetrical catastrophe
- > Amniotic fluid embolism, abruptio placentae, HELLP, eclampsia/severe preeclampsia, retained dead fetus, septic abortion
- > Trauma with crush injury and/or brain damage
- > Intravascular hemolysis
- > Snake venom
- > Fulminant liver failure
- > Pancreatitis
- > Acute leukemia/Acute promyelocytic leukemia



Disseminated Intravascular Coagulation:

Modified from Levi & Scully, Blood (2018) 131 (8): 845–854.

Condition	Examples	Impact of precipitating condition	
Severe Infectious Diseases	Gram-positive or -negative organisms, malaria,	Thrombosis may contribute to organ	
	hemorrhagic fevers	failure (eg acute kidney failure)	
	Solid tumors (eg, adenocarcinomas)	Primarily thrombotic consequences/VTE	
Malignancy	Acute promyelocytic leukemia or monocytic	Severe thrombocytopenia and factor	
	leukemia	deficiency may lead to bleeding	
Trauma	Trauma	Primary feature is acute bleeding,	
	Brain injury	l	
	Burns	followed by thrombosis	
Obstetrical Complications	Abruptio placentae	Profuse bleeding in combination with	
	Amniotic fluid embolism	thrombotic complications ^{27,28}	
	Retain Placental Parts	thrombotic complications	
	Kasabach-Merritt syndrome	Bleeding primarily with severe	
Vascular Malformations	Giant hemangiomas		
	Other vascular malformations	thrombocytopenia and	
	Large aortic aneurysms	hypofibrinogenemia	
Severe Immunologic Reactions	Transfusion reaction		
Heat stroke		Thrombotic features more common than	
Heat Siloke		bleeding	
Post-Cardiopulmonary		Thrombosis is a greater risk than bleeding	
Resuscitation		I in onloosis is a greater risk than biceuing	

Disseminated Intravascular Coagulation

Laboratory findings:

- > Prolonged PTT, PT
- > Thrombocytopenia
- > Fibrinogen decreased
- > High D-dimers
 - > Non-specific
- > Schistocytes
 - > Non-specific

Treatment:

- > UNDERLYING CAUSE
- > Supportive Care:
- > Keep the fibrinogen > 100 mg/dl
- > 10 U cryoprecipitate
- > FFP for bleeding or procedures
- > Avoid inhibitors of fibrinolysis (EACA, tranexamic acid, aprotinin)
- > No specific therapy has been validated.



Uremic Coagulopathy

- > Mucocutaneous bleeding
- > Multifactorial Pathophysiology:
- ➤ Nitric Oxide (NO): ↑[cGMP]
 - > Relaxes smooth muscle cells, vasodilation
 - > Inhibits platelet function
- > NO levels increase in renal failure
 - > Reduced binding to Hemoglobin
 - > Other mechanisms?
 - > Anemia contributes to the dysfunction.
- > Functional defect is not within the platelets, but uremic plasma inhibits the platelet function.
 - > Transfusion of normal platelets will not help.
- > PT/PTT not elevated by uremia.



Uremic Coagulopathy: Treatment

- > Acute treatment:
 - > Desmopressin (ddAVP)
 - > Cryoprecipitate
 - > Mechanism of effect not clear. Possibly increase in fibrinogen & vWF allow for improved platelet function without correcting the underlying defect.
- > Chronic Management:
 - > Supplemental erythropoietin or red cell transfusion to bring Hgb to >10 gm/dL.
 - > Dialysis
 - > Estrogens



Acquired Hemophilia

- > Antibody directed against FVIII: Acts as an inhibitor
- > Isolated prolongation of the PTT
- > Mixing study often corrects initially, followed by prolongation after incubation
- > Factor VIII levels often very low (<1%)
 - > "Corrects" with serial dilutions
- > Can be seen in anyone but more common in:
 - "Older" individuals (ie >50 YO)
 - > Rheumatoid arthritis
 - > Cancer
 - > SLE
 - > Drug Reaction
 - > Peripartum
- > Bleeding is similar to severe hemophilia, except patients do not typically experience hemarthrosis.



Acquired Hemophilia: Treatment

Acute Control of Bleeding

- > Low titer inhibitor:
 - > FVIII concentrate
- > High titer inhibitor:
 - > Activated PCC (FEIBA®)
 - > rFVIIa
 - > rPorcine FVIII

Elimination of the inhibitor:

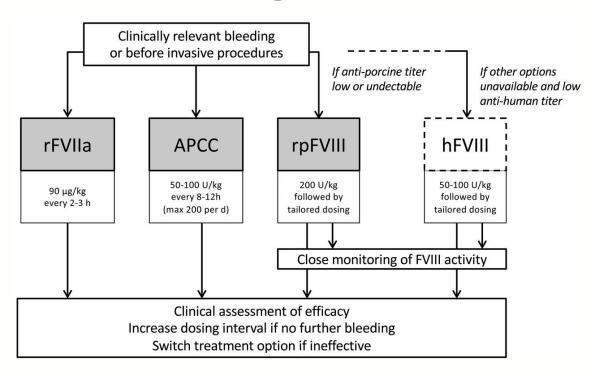
- > Prednisone +/- cyclophosphamide
- > Rituximab



International Recommendations on Treatment of Acquired Hemophilia A

Tiede et al. Haematologica. 105, 2020 https://doi.org/10.3324/haematol.2019.230771

Acute/Emergent Treatment



- > rFVIIa, recombinant activated factor VII
- > APCC, activated prothrombin complex concentrate;
- > rpFVIII: recombinant porcine factor VIII
- > hFVIII, human (plasma-derived or recombinant)

Antibody Suppression

2020 Recommendation

FVIII ≥1% and ≤20 BU/ml

Steroids alone for 3-4 weeks

Add CTX or rituximab if not responding

FVIII <1% or >20 BU/ml

Steroids + CTX or rituximab for 3-4 weeks

Add CTX or rituximab if not responding

- > BU: Bethseda unit;
- > CTX, cyclophosphamide.

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Acquired von Willebrand Disease

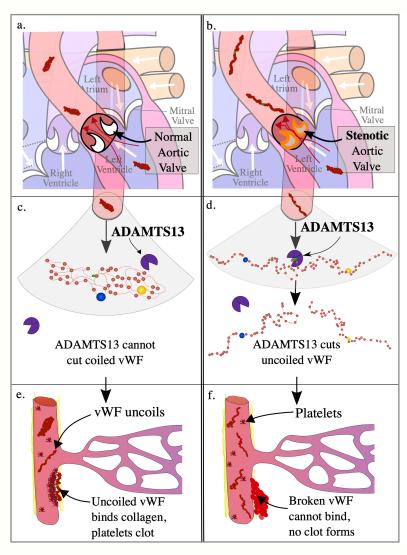


Acquired vWD: Mechanisms & Associations

- > Myeloproliferative neoplasms
 - > Adsorption of vWF on platelets
- > Wilms tumor:
 - > High levels of hyaluronic acid increases viscosity and binds von Willebrand factor (vWF)
- > Auto-antibodies:
 - > Connective Tissue disorders, idiopathic
- > Heyde's syndrome:
 - > Acquired vWD-2A deficiency secondary to aortic stenosis.
 - > GI Bleeding, from angiodysplasic lesions



Heyde's Syndrome Triad



- > Aortic stenosis
 - Shear stress on vWD results in "uncoiling", and cleavage by ADAMTS13.
- > Acquired coagulopathy (vWD type 2A)
- > Anemia due to bleeding from intestinal angiodysplasia or from an idiopathic site.

By Michael D. Dacre - Own work, CC BY-SA 4.0, https://commons.wikimedia.org/w/index.php?curid=4147 2958

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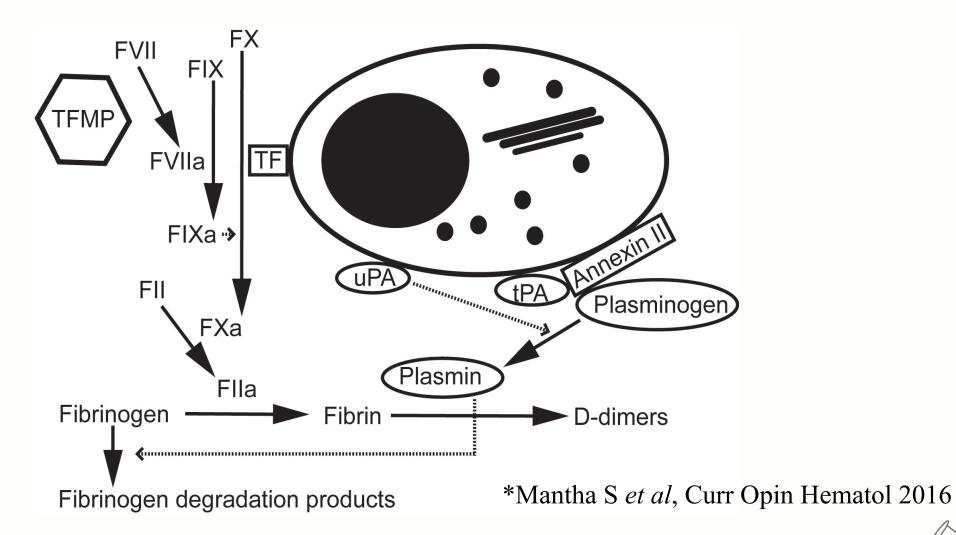
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- >t(15;17)
 - > PML-RARA gene rearrangement
- > Persistently high rate of early death from hemorrhage
 - > 5-10% in different series
- > Pathogenesis of coagulopathy multifactorial.
 - > No single mechanism is clearly established.
 - > Leukemic blasts express tissue factor, leading to DIC
 - > Increased plasminogen activators promote primary fibrinolysis.
 - > High blast counts correlates with bleeding.
 - > Mantha et al Blood. 2017 Mar 30; 129(13): 1763–1767.





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- > ATRA induces differentiation of cells
 - > Decreases expression of tissue factor
 - > Early treatment is crucial in decreasing mortality
- > Aggressive blood product repletion is warranted



Workup of Coagulopathy



Workup of Coagulopathy

- > Mixing Studies
 - > With incubation
- > Immediate inhibitors:
 - > Anticoagulant contamination
 - > Anti phospholipid Antibody
 - > Fibrin/Fibrinogen Degradation Products
 - > Some Paraproteins
- > Inhibitors with Incubation
 - > Specific Factor Inhibitors/Antibodies



Mixing Studies

- ➤ Mix patient and normal plasma 1:1
- > Perform PT and/or aPTT immediately and after 1 hour incubation at 37°C
- > Looking for "Prolongation of the Normal"
- > Specific antibodies require time to bind to the antigen target.
- > Common inhibitors: heparin, Lupus Anticoagulant, dysproteins, paraproteins, Fibrin Split Products (DIC), specific factor inhibitors



Mixing Studies

Factor Deficiency

aPTT	Patient	Normal	1:1
Immediate	51"	29"	33"
1 Hour Incubation @ 37°C	52"	29"	32"

Lupus
Anticoagulant:
antiphospholipid
antibody

aPTT	Patient	Normal	1:1
Immediate	51"	29"	48"
1 Hour Incubation @ 37°C	52"	29"	50"

Anti-Factor VIII
Antibody

aPTT	Patient	Normal	1:1
Immediate	51"	29"	33"
1 Hour Incubation @ 37°C	52"	29"	50"



A Factor Panel to Differentiate Systemic Coagulopathies

Factor	V	VII	VIII	X
Vitamin K Deficient	Nl	+	Nl	+
Liver Disease	→	→	NI or 1	→
DIC	→	+	+	+



